



**Transform  
Rhode Island  
Scholarship**

“In order to succeed in life, social-emotional awareness is crucial. Everyone needs the tools to nurture and sustain this. My mission is to provide affordable access to wellness resources for all communities.”

~ Daisha Jackson

**Daisha Jackson**

**BIG IDEA:**

Daisha’s change making idea is the creation of a program she calls, Yoga for All. To combat youth anxiety and stress, Yoga for All combines high tech innovation with old school meditation.

Her idea: embedding QR codes onto Yoga mats so that anyone could simply point their device and click to access a variety of continually updated critical wellness topics.

By linking to 25 unique classes and wellness topics, motivational speakers, healthy recipes, and other wellness content for students of all ages to explore and enjoy, Yoga for All empowers students with the ability to access the resources they need for a healthy mind and body.



**Papitto  
Opportunity  
Connection**

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